



IL Life Enrichment Calendar

MAY 2017

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|---|---|--|
|  <p>Staff Appreciation Week: May 1st -5th</p> | <p>1</p> <p>Red, White and Blue Day</p> <p>10:00 Chimes (CH) 10:30 Basic Balance and Exercise (BR) 2:00 Creative Writers Group (PDR) 4:00 Reading Reflections (PDR) 7:00 Bingo with Angie (FS)</p> | <p>2</p> <p>Crazy Sock Day</p> <p>9:30 Sit Down Fitness DVD (DH1) 10:15 Euchre (MZ) 1:00 Basic iPad with Ron Andrews (PDR) 2:00 Faith Link (PDR) 3:15 Sit Down Volley Ball (BR) 6:30 Shuffleboard (DH1)</p> | <p>3</p> <p>Sports Team Day</p> <p>10:00 SPEIC (PDR) 10:00 Sew for You (DH 3 Laundry Room) 10:00 Wii Bowling (DH1) 10:30 Basic Balance and Exercise (BR) 2:00 Talent Show (CH) 7:00 Documentary (TH)</p> | <p>4</p> <p>Superhero Day</p> <p>9:30 Sit Down Fitness DVD (DH1) 10:00 Pen Turning (DH 1) 10:15 Moving and Grooving (MZ) 2:00 Spiritual Life Committee (PDR) 2:00 Lutheran Service (CH) 2:00 Computer Help with Ron Andrews (LB) 3:00 Nature Safari Golf Cart Rides with Mary Livingston (DH Entrance) 6:30 Game Night (DH 2)</p> | <p>5</p> <p>Spirit of CRC Day</p> <p>10:00 Chapel Singers Rehearsal (MZ) 10:00 Library Committee (PDR) 10:30 Basic Balance and Exercise (BR) 11:15 Jackson Mall 7:00 Friday Night Movie (TH)</p> | <p>6</p> <p>9:30 Sit Down Fitness DVD (DH1) 6:30 Saturday Night Games (DH 2)</p> <p>Room Abbreviation Key CH = Chapel CB = Crippen Building DH 1 = 1st Floor BR=Bridge DH 2 = 2nd Floor TH = Theater SCR= Small Conference Room MDR = Main Dining Room MZ= Mezzanine PDR = Private Dining Room</p> |
| <p>7</p> <p>9:40 St. Barnabas/St. Mary's Shuttle 10:40 First United Methodist Church Service 3:00 Chapel Service (CH) 7:00 Community Hymn Sing (CH) Guest: Nancy Van Blaricum</p> | <p>8</p> <p>10:00 Food Committee (PDR) 10:00 Manicures (BR) 10:00 Chimes (CH) 10:30 Basic Balance and Exercise (BR) 1:15 Meijers, Zeeb Rd No Reading Reflections 7:00 Bingo with Angie (FS)</p> | <p>9</p> <p>9:30 Sit Down Fitness DVD (DH1) 10:00 Programming Committee (PDR) 10:15 Euchre (MZ) 1:00 Open iPad and Tablet Help (PDR) 2:00 Faith Link (PDR) 3:15 Sit Down Volley Ball (BR) 6:30 Shuffleboard (DH1)</p> | <p>10</p> <p>10:00 Building & Grounds (PDR) 10:00 Wii Bowling (DH1) 10:30 Basic Balance and Exercise (BR) 2:00 Helping Hands Community Service Project "Sleeping Mats" (FS) 7:00 Travelogue (TH)</p> | <p>11</p> <p>9:30 Sit Down Fitness DVD (DH1) 10:00 Pen Turning (DH 1) 10:15 Moving and Grooving (MZ) 2:00 Catholic Mass (TV) 2:00 Ladies Spa Day (DH1) 3:00 Book Club (DH) 6:30 Game Night (DH 2)</p> | <p>12</p> <p>10:00 Chapel Singers Rehearsal (MZ) 10:30 Basic Balance and Exercise (BR) 11:15 English Tea Room and Hidden Lake Gardens 7:00 Friday Night Movie (TH)</p> | <p>13</p> <p>9:30 Sit Down Fitness DVD (DH1) 2:30 Special Movies Matinee "Hidden Figures" (TH) 6:30 Saturday Night Games (DH 2)</p> |

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| <p>Mother's Day 14 9:40 St. Barnabas/St. Mary's Shuttle 10:40 First United Methodist Church Service 3:00 Chapel Service (CH) No Community Hymn Sing</p> | <p>10:00 Manicures (BR) 15 10:00 Chimes (CH) 10:30 Basic Balance and Exercise (BR) 11:15 Outback Steakhouse, Jackson 2:00 Creative Writers Group (PDR) No Reading Reflections 7:00 Bingo with Angie (FS)</p> | <p>8:00 Teepa Snow "A Positive Approach" 16 9:30 Sit Down Fitness DVD (DH1) 10:15 Euchre (MZ) 1:00 Basic iPad with Ron Andrews (PDR) 2:00 Faith Link (PDR) 3:15 Sit Down Volley Ball (BR) 6:30 Shuffleboard (DH1)</p> | <p>10:00 Wii Bowling (DH1) 17 10:30 Basic Balance and Exercise (BR) 12:00 Garden Apt. Brown Bag Lunch (CB) 3:30 Executive Board (PDR) 5:00 Birthday Dinner (MDR) 7:00 Presentation: Stories from Women in Rwanda (TH)</p> | <p>9:30 Sit Down Fitness DVD (DH1) 18 10:00 Pen Turning (DH 1) 10:15 Moving and Grooving (MZ) 1:15 South School Grandparent Program (TH) 2:30 Helping Hands Community Service Project "Sleeping Mats" (FS) 6:20 First United Methodist Church "Westminster Bell Choir" 6:30 Game Night (DH 2)</p> | <p>9:30 Coffee Klatch Hour (DH 2) 19 10:00 Chapel Singers Rehearsal (MZ) 10:30 Basic Balance and Exercise (BR) 2:00 Resident Council: All Residents Welcome (TH) 3:00 Social Following Resident Council (MZ) 7:00 Friday Night Movie (TH)</p> | <p>9:30 Sit Down Fitness DVD (DH1) 20 6:30 Saturday Night Games (DH 2)</p> |
| <p>9:40 St. Barnabas/St. Mary's Shuttle 21 10:40 First United Methodist Church Service 3:00 Chapel Service (CH) 7:00 Community Hymn Sing (CH) Guest: Stewart Carlson (Millie Reed's Grandson)</p> | <p>10:00 Manicures (BR) 22 10:00 Chimes (CH) 10:30 Basic Balance and Exercise (BR) 1:15 Gee Farms Nursery, Stockbridge 4:00 Spelling Bee with Carol Reed (MZ) No Reading Reflections 7:00 Bingo with Angie (FS)</p> | <p>9:30 Sit Down Fitness DVD (DH1) 23 10:15 Euchre (MZ) 1:00 Open iPad and Tablet Help (PDR) 2:00 Faith Link (PDR) 3:15 Sit Down Volley Ball (BR) 6:30 Shuffleboard (DH1)</p> | <p>10:00 Wii Bowling (DH1) 24 10:30 Basic Balance and Exercise (BR) 2:00 Michigan Attorney General Division Presentation on Identity Theft (TH) 6:00 Monthly Mingle (MZ) 7:00 Travelogue (TH)</p> | <p>9:30 Sit Down Fitness DVD (DH1) 25 10:00 Pen Turning (DH 1) 10:15 Moving and Grooving (MZ) 2:30 Helping Hands Community Service Project "Sleeping Mats" (FS) 6:30 Game Night (DH 2)</p> | <p>9:30 Breakfast Club 26 10:00 Chapel Singers Rehearsal (MZ) 10:30 Basic Balance and Exercise (BR) 1:15 Drum Circle (MZ) 7:00 Friday Night Movie (TH)</p> | <p>9:30 Sit Down Fitness DVD (DH1) 27 4:00 Sing-a-long (TH) 6:30 Saturday Night Games (DH 2)</p> |
| <p>9:40 St. Barnabas/St. Mary's Shuttle 28 10:40 First United Methodist Church Service 3:00 Chapel Service (CH) 7:00 Community Hymn Sing (CH) Guest: Request Night</p> | <p>Memorial Day 29 No Manicures (BR) No Chimes (CH) 10:30 Basic Balance and Exercise (BR) 3:30 Double Play Flute and Tuba (MZ) No Reading Reflections 7:00 Bingo with Angie (FS)</p> | <p>9:30 Sit Down Fitness DVD (DH1) 30 10:15 Euchre (MZ) 1:00 Open iPad and Tablet Help (PDR) 2:00 Faith Link (PDR) 3:15 Sit Down Volley Ball (BR) 6:30 Shuffleboard (DH1)</p> | <p>10:00 Wii Bowling (DH1) 31 10:30 Basic Balance and Exercise (BR) 4:00 Meditation (CH) 7:00 Documentary (TH)</p> | <p> Please sign up in the Trip Book by the Dining Room for all programs highlighted yellow</p> | <p>Second Hand Rose Monday, Tuesday & Wednesday 9:30am – 1:00pm Thursday: 1:00pm – 3:00pm Friday: 1:00pm – 3:00pm</p> | <p>Mezzanine Gift Shoppe & General Store Hours Monday-Saturday: 10am-4pm Sunday-Closed</p> |

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