

Garden Guide No. 3



Anemone
(Windflower)



Buddleia
(Butterfly Bush)



Chasmanthium latifolium
(Northern Sea Oats)



Coleus

Fall brings us cooler days, beautiful skies and the promise of more delights in our Cutting Garden. There will still be many flowers to choose from. As a change of pace, you can enjoy your own personal “harvest” of seed heads from our many grasses, colorful leaves from some of our annuals, and of course, flowers from the later flowering shrubs and perennials you’ll find. One of the great miracles of a garden is the vast choices we have and the ever changing nature of each and every flower. This is a special time of year. Be sure to take some time to enjoy our gardens!

Anemone (Windflower) is very aptly named. ‘September Charm’ (pink) and ‘Whirlwind’ (white) have tall, “wiry” stems with flowers perched on top that “dance” in the wind. Both look very sweet in a vase – particularly combined with a tall spiked flower.

Buddleia (Butterfly Bush) is popular plant because of the long bloom time. If you don’t know what one looks like, just follow the trail of butterflies to find them! A “bonus” is the fragrance you will notice which is “fruity” and sweet. The flowers are “spikes.” We have four to choose from: ‘Black Knight’ has deep purple flowers. ‘Butterfly Heaven’ has blue. ‘Miss Molly’ has magenta, and ‘Pink Delight’ has large pink flowers. Be sure to add one to your bouquet.

Chasmanthium latifolium (Northern Sea Oats) is one of the grasses you’ll find when you visit our cutting garden. The airy texture of Northern Sea Oats’ flowers will wave in amongst the flowers you collect. The bamboo-like greenery is also a nice addition to a bouquet.

Coleus is an annual grown for its foliage which ranges from green, to burgundy, to pinks, reds and browns. The leaves have a wide variety of patterns, shapes and sizes. Coleus plants are prized for the “pizzazz” they add to gardens or bouquets.

This guide to CRC Gardens is provided by the UMRC Foundation—the Foundation helps keep residents in their home, and will provide nearly \$1 million in benevolent care in 2014.

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