




IL Life Enrichment Calendar

MARCH 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Second Hand Rose Monday, Tuesday & Wednesday 9:30am – 1:00pm Thursday: 1:00pm – 3:00pm Friday: 1:00pm – 3:00pm</p> <p>Mezzanine Gift Shoppe & General Store Hours Monday-Saturday: 10am-4pm Sunday-Closed</p> <p>Hearing Aid Clinic: Every First and Third Wednesday at 9:15am (SCR)</p>	 <p>Please sign up for all Seeding Artful Aging Classes in the Trip Book</p>	 <p>Please sign up in the Trip Book by the Dining Room for all programs highlighted yellow</p> <p>Hazel Mead: 433-1000 ext. 7433 e-mail: hazel@umrc.com</p>	<p>Ash Wednesday 1</p> <p>10:00 SPEIC (PDR) 10:00 Sew for You (DH 3 Laundry Room) 10:00 Wii Bowling (DH1) 10:30 Basic Balance and Exercise (BR) 1:30 Spiritual Life Committee (PDR) 3:00 Dominoes (DH 2) 3:00 Ash Wednesday Service (CH) 7:00 Travelogue “Australia -A Visual Tour Along the Eastern Coast” Presented by Roy Schwarz(TH)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 10:00 Pen Turning (DH 1) 2:00 Lutheran Service (CH) 2:00 Computer Help with Ron Andrews (LB) 6:30 Artful Aging: Memories to Monologue: Theater Class (PDR) 6:30 Game Night (DH 2)</p>	<p>10:00 Chapel Singers Rehearsal (CH) 3 10:00 Library Committee (PDR) 10:30 Basic Balance and Exercise (BR) 11:15 Olive Garden, Jackson 1:15 Drum Circle (MZ) 7:00 Friday Night Movie (TH)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 4 1:30 Artful Aging: Creative Writing Class (PDR) 3:00 Special Movie Matinee “Loving” (Theater) 6:30 Saturday Night Games (DH 2)</p>
<p>First Sunday in Lent 5 9:40 St. Barnabas/St. Mary's Shuttle 10:40 First United Methodist Church Service 3:00 Chapel Service with FUMC Hand Bell Choir (CH) 7:00 Community Hymn Sing (CH) Guest: Webb Seegert</p>	<p>10:00 Chimes (CH) 6 10:30 Basic Balance and Exercise (BR) 1:15 Meijer, Zeeb Rd 2:00 Creative Writers Group (PCR) 4:00 Reading Reflections (PTK) 7:00 Bingo with Angie (FS)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 7 10:15 Euchre (MZ) 11:00 Nutrition Month Presentation: Whole Grains (MZ) 1:00 Basic iPad with Ron Andrews (PDR) 2:00 Faith Link (PDR) 3:15 Sit Down Volley Ball (BR) 6:30 Shuffleboard (DH1)</p>	<p>10:00 Building & Grounds (PDR) 8 10:00 Wii Bowling (DH1) 10:30 Basic Balance and Exercise (BR) 3:00 Dominoes (DH 2) 4:00 Meditation (Chapel) 7:00 Documentary (TH)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 9 10:00 Pen Turning (DH 1) 10:15 Moving and Grooving (MZ) 2:00 Catholic Mass (TV) 2:30 Helping Hands Community Service Project “Sleeping Mats” (FS) 3:00 Book Club (DH SCR) 6:30 Artful Aging: Memories to Monologue: Theater Class (PDR) 6:30 Game Night (DH 2) 7:00 Lenten Speaker Series: Chaplain Lois and Tina (TH)</p>	<p>10:00 Chapel Singers Rehearsal (CH) 10 10:30 Basic Balance and Exercise (BR) 3:00 Spelling Bee with Carol Reed (FS) 5:00 Pickup Fish Fry from St Mary's Church (DH1) Please sign up before 3/9 for order to be placed (FS) Cost: \$9 Cash 7:00 Friday Night Movie (TH)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 11 1:30 Travelogue with Kate and Coco “Our Trip to China” (TH) 1:30 Artful Aging: Creative Writing Class (PDR) 6:30 Saturday Night Games (DH 2) Remember to turn clocks forward 1 hour before going to bed!</p>

<p>Daylight Savings Time Begins</p>  <p>9:40 St. Barnabas/St. Mary's Shuttle 10:40 First United Methodist Church Service 3:00 Chapel Service (CH) 7:00 Community Hymn Sing (CH) Guest: Dan Roehm</p>	<p>10:00 Food Committee (PDR) 10:00 Manicures (BR) 10:00 Chimes (CH) 10:30 Basic Balance and Exercise (BR) 1:15 HomeGoods, Stein Mart and Plum Market, Ann Arbor 4:00 Reading Reflections (PTK) 7:00 Bingo with Angie (FS)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 9:30-11:30 Chelsea State Bank Financial Art Fair (MZ) 10:00 Programming Committee (PDR) 11:00 Nutrition Month Presentation: Fruits & Vegetables (MZ) 10:15 Euchre (MZ) 1:00 Open iPad and Tablet Help (PDR) 2:00 Faith Link (PDR) 3:15 Sit Down Volley Ball (BR) 6:30 Shuffleboard (DH1)</p>	<p>10:00 Wii Bowling (DH1) 10:30 Basic Balance and Exercise (BR) 12:00 Garden Apt. Brown Bag Lunch (CB) 3:00 Dominoes (DH 2) 3:30 Executive Board (PDR) 5:00 March Birthday Dinner (MDR) 7:00 Travelogue (TH)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 10:00 Pen Turning (DH 1) 10:15 Moving and Grooving (MZ) 1:15 South School and Drum Circle (MZ) 6:30 Artful Aging: Memories to Monologue: Theater Class (PDR) 6:30 Game Night (DH 2) 7:00 Lenten Speaker Series: Tori Booker Justice for Our Neighbors (TH)</p>	<p>St Patrick's Day 9:30 Coffee Klatch Hour (DH 2) 10:00 Chapel Singers Rehearsal (CH) 10:30 Basic Balance and Exercise (BR) 2:00 Resident Council: All Residents Welcome (TH) 3:00 Banish Misfortune Irish Music with Refreshments (MZ) 7:00 Friday Night Movie (TH)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 1:30 Artful Aging: Creative Writing Class (PDR) 3:00 Betty Christler's 85th Birthday Celebration (MZ) 6:30 Saturday Night Games (DH 2)</p>
<p>9:40 St. Barnabas/St. Mary's Shuttle 10:40 First United Methodist Church Service 3:00 Chapel Service (CH) 7:00 Community Hymn Sing (CH) Guest: Ron Andrews and David Zobel</p>	<p>Spring Begins 10:00 Manicures (BR) 10:00 Chimes (CH) 10:30 Basic Balance and Exercise (BR) 2:00 Creative Writers Group (PCR) 1:45 Spring Tea at Glazier Commons 4:00 Reading Reflections (PTK) 7:00 Bingo with Angie (FS)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 10:15 Euchre (MZ) 11:00 Nutrition Month Presentation: Protein (MZ) 1:00 Basic iPad with Ron Andrews (PDR) 2:00 Faith Link (PDR) 3:15 Sit Down Volley Ball (BR) 6:30 Shuffleboard (DH1)</p>	<p>10:00 Wii Bowling (DH1) 10:30 Basic Balance and Exercise (BR) 3:00 Dominoes (DH 2) 6:00 Monthly Mingle (MZ) 7:00 Documentary (TH)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 10:00 Pen Turning (DH 1) 10:15 Moving and Grooving (MZ) 2:30 Helping Hands Community Service Project "Sleeping Mats" (FS) 6:30 Artful Aging: Memories to Monologue: Theater Class (PDR) 6:30 Game Night (DH 2) 7:00 Lenten Speaker Series: LeAnn Seto (CH)</p>	<p>10:00 Chapel Singers Rehearsal (CH) 10:15 Cranbrook Institute of Science, Planetarium "Overview of the Night Sky" and Lunch 10:30 Basic Balance and Exercise (BR) 7:00 Friday Night Movie (TH)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 1:30 Artful Aging: Creative Writing Class (PDR) 4:00 Sing-a-long (MZ) 6:30 Saturday Night Games (DH 2)</p>
<p>9:40 St. Barnabas/St. Mary's Shuttle 10:40 First United Methodist Church Service 3:00 Chapel Service (CH) 7:00 Community Hymn Sing (CH) Guest: Mark Loring</p>	<p>10:00 Manicures (BR) 10:00 Chimes (CH) 10:30 Basic Balance and Exercise (BR) 4:00 Reading Reflections (PTK) 7:00 Bingo with Angie (FS)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 10:15 Euchre (MZ) 11:00 Nutrition Month Presentation: My Plate Guidelines (MZ) 1:00 Open iPad and Tablet Help (PDR) 2:00 Faith Link (PDR) 3:15 Sit Down Volley Ball (BR) 6:30 Shuffleboard (DH1)</p>	<p>10:00 Wii Bowling (DH1) 10:30 Basic Balance and Exercise (BR) 3:00 Dominoes (DH 2) 3:00 Baking Demo with Carol Zeitz and Hazel "The Best Sugar Cookies" (DH1) 7:00 Travelogue (TH)</p>	<p>9:30 Sit Down Fitness DVD (DH1) 10:00 Pen Turning (DH 1) 10:15 Moving and Grooving (MZ) 6:30 Artful Aging: Memories to Monologue: Theater Class (PDR) 6:30 Game Night (DH 2) 7:00 Lenten Speaker Series: SRSLY (TH)</p>	<p>9:30 Breakfast Club (DH1) 10:00 Chapel Singers Rehearsal (CH) 10:30 Basic Balance and Exercise (BR) 7:00 Friday Night Movie (TH)</p>	<p>Room Abbreviation Key CH = Chapel CB = Crippen Building DH 1 = 1st Floor BR=Bridge DH 2 = 2nd Floor TH = Theater K2 = Kresge 2nd Floor SCR= Small Conference Room MDR = Main Dining Room MZ= Mezzanine PDR = Private Dining Room PTK= Petoskey Room</p>

