

UMRC FAMILY AND FRIENDS WORKSHOP- THE POSITIVE APPROACH™



Do you have a loved one who is living with dementia? Would you like to know more about how to help support and connect with him or her? United Methodist Retirement Community Foundation and Michigan Health Endowment Fund are sponsoring a series of workshops presented by Positive Approach to Care (PAC) Certified Trainer and UMRC Dementia Care Specialist, Kathleen Garvey, OTRL, CAPS, at the Dancey House Theater.

Workshop 1: Dementia Changes: Insider's Perspective

The brain is the central control center for our physical being and the structural and chemical changes associated with dementia dramatically affect how one interacts with the world. Understanding these effects will help bring a greater level of empathy and ease communication.

Workshop 2: Making Interactions Positive

PAC has trademarked two methods for interaction with people with dementia which can help set the positive tone for visits and build rapport to provide support and care. Learn about the Hand Under Hand™ (HUH) and Positive Physical Approaches™ (PPA), the rationale behind each, and have a chance to try them out.

Workshop 3: Capable and Brilliant: Help me Succeed

PAC focuses on what remains strong in a person throughout the changes associated with dementia. Learn about the Gems™ progression patterns and how to match expectations with capacities, but more importantly, create joyous sharing opportunities.

Each workshop will be offered on 3 different dates and times per month.

Please RSVP one week prior to workshop by email or phone to Katie Garvey 734.433.1000 ext. 6553, KGarvey@umrc.com. Each workshop is limited to 40 attendees. We hope to see you there!



Workshop 1: July

7/27 Thursday
6:00 PM - 7:00 PM

7/28 Friday
10:00 AM - 11:00 AM

7/23 Saturday
10:30 AM - 11:30 AM

Workshop 2: August

8/24 Thursday
6:00 PM - 7:00 PM

8/25 Friday
10:00 AM - 11:00 AM

8/26 Saturday
10:30 AM - 11:30 AM

Workshop 3: September

9/28 Thursday
6:00 PM - 7:00 PM

9/29 Friday
10:00 AM - 11:00 AM

9/30 Saturday
10:30 AM - 11:30 AM